

Club Contacts

Koorinal-Wagga
Athletics Club
PO Box 8569
Koorinal NSW
2650

President: Position
Mick Dare
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Registrar:
Kelly Grant
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Treasurer:
Myriam Walker
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Carnivals
Danielle Kennedy
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Uniforms
Anna & Courtney
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Dates to remember:

Rego Pack &
Uniform Collection
09/10/2023
From 4-6pm

1st Club Competition
Meet
13/10/2023
5pm start

Up-coming Carnivals

Lockhart & District Carni-
val, Lockhart
22/10/2023
Nominations via [RHQ](#)

Murray Valley Carnival
In Finley
28/10/2023
Nominations via [RHQ](#)

Koorinal-Wagga 44th Annu-
al Carnival
05/11/2023
Free entry for all Koorinal-
Wagga Members
Nominate via [RHQ](#)

Check out the list of our lo-
cal
Carnivals &
Championships at
www.kwa.org.au/carnivals

Carnivals & Gala from other
Clubs in NSW may also ap-



KOORINGAL-WAGGA ATHLETICS CLUB INC.

Season 2023/2024

Newsletter No. 1

07/10/2023

YEAH, 6 MORE SLEEPS!!

Welcome to our returning and new members to the 2023/2024 Little Athletics Season.. We trust there'll be loads of new PB's, new records, new friendships made and lots of fun along the way!

Please diarize the following important info & dates

Rego Pack Collection and Uniform sales

- Monday 9th October 2023—from 4.00pm to 6.00pm at the Bill Jacob Athletics Centre, Jubilee Park, Wagga. We suggest to collect your Rego Pack/uniforms on this day if possible as it tends to be very hectic on the Fridays with long waits.
- New members please bring along Proof of Age for child (passport, Birth Certificate, Hospital Book or Immunization Book—packs will not be given out if we have not sighted proof of age.**
- Print, complete (or complete, print) the [Working With Children Check Declaration](#) and hand this over to the Registrar when collecting your pack. Completing this process prior will expediate the collection process.
- Rego Pack & uniforms will also be available to collect on Friday 13th October 2023 from **4.30pm to 5pm only**, however we strongly recommend collecting them on the Monday if at all possible to avoid the queues and long wait.

1st Club Competition Meet—Friday 13th October 2023

Our first Club Competition Meet will be on Friday 13th October 2023 with events starting at 5pm. Please try to arrive a little earlier to assist with setup and warm up.

The Point Score system will commence from this date. Please refer to the [Handbook](#) for more information on how the Point Score is calculated. Please note: athletes must be registered and financial for their results to be entered in RHQ. Those doing a Come Try will not have their times or distances recorded.

Koorinal-Wagga 44th Annual Open Carnival

When: Sunday 5th November 2023 9am start
Where: Bill Jacob Athletics Centre, Jubilee Park
Cost: Free entry for Koorinal-Wagga members
How to enter: Nominations are now open - enter via [RHQ](#) (see below)

Results HQ (RHQ)

View and track your child's results from each Friday Meet using your Results HQ (RHQ) Family Portal. Results are generally available on your portal early the following week.

First time users are required to activate their [RHQ family portal](#). The Username (is the email used when registering the child via the Game Day portal). Click on the "Having Trouble Logging" and follow the prompts to reset your password. Check your JUNK or SPAM if you have not received the email.

Once logged, view your child/children's results and track their progress. You will find a list of Carnivals under the Nomination tab where you will be able to nominate to attend. There is even an option to print an Achievement Booklet at the end of the season. For more info on RHQ [click here](#)

NOTE: only registered athletes will have access to the RHQ Portal

Website
www.kwa.org.au

Uniforms Order form & sizing chart [CLICK HERE](#)

Athletes are required to be in the Club Uniform at each Friday Club Competition Meet and to at all Carnivals

Bib Numbers must be displayed on front of shirt at each Club Meet

No Bib = No Point Score!

Please refer to our [CLUB HANDBOOK](#)

For further information

Facebook & Instagram Koorinal -Wagga Athletics Club

Please like/join our FB and Inst pages. We find communicating via these platforms the quickest and easiest way of getting messages out to our members especially when advising about wet or hot weather alerts.



Family
fun &
fitness



Where to place Bib Numbers & patches on uniforms.

The Bib number, age patch and Coles patch are all required to be sewed on pinned on the Club Uniform.

Please note athletes will not be allowed to compete if they do not have their bib number displayed on their uniform . If you are waiting on a uniform order to be filled please pin the bib number on the front of the child's clothing in the interim.

Refer to the photos on the side to view where the patches are placed.

Bib number—Sew or pin in center of singlet or crop top

Age patch - top left hand side of singlet.

If wearing crop top/ lycra shorts set, age patch is to be placed on the bottom front left hand side of shorts.

Coles patch to be place on top right hand side of Uniform.



Vacant Committee Positions

We encourage all Parents to join our Committee. Our Committee work very hard so that our children are able to enjoy athletics. Many hand make light work so please consider jumping on board.

We currently are desperately looking to fill the role of Secretary. We'd also love to have our Canteen running again on a Friday night this year, but can only do this with the support of parents willing to manager and run it.

For more information on the above-mentioned roles or if you are happy to simply help out please reach out to any of our Committee Members (normally in the fluro vests) on a Friday or contact Mick Dare 0422 443 981 or email the President at president@kwa.org.au

Age Managers/Parent Helpers

The Club is solely run with the aid of parent volunteers. Each week we require your help to run age group and many other areas of running the club.

Little Athletics NSW (LANSW) offer a myriad of resources for parents, Age Manager & Centre Volunteers. We highly suggest all parents review the following information in preparation for the 2023/24 season

- ◆ Hints Tips & Resources for Parents, Age Managers & Centre Volunteers [CLICK HERE](#) a must read for everyone no matter how experienced you are!
- ◆ Age Manager Training Modules—a quick training guide for parents [CLICK HERE](#)

Club Officials

We're always looking for more Officials to officiate and Chief at Carnivals & Championship. Free e-learning courses are available at <https://elearning.worldathletics.org/>

Or contact Danielle Kennedy at carnivals@kwa.org.au for more details.

House keeping rules

Parents are not to drop off their child at the gate or worse still in the car park and return at the conclusion of the evening. Please ensure your child is with a supervising adult whilst down at the track.

We look forward to seeing you all this coming Friday 13th!

Koorinal-Wagga Athletics Club