

KOORINGAL-WAGGA ATHLETICS CLUB NEWSLETTER

Welcome to all families, new and old to the 2013-14 Kooringal Wagga Athletics Season.

We all hope our Athletes will enjoy our Weekly Competition Nights as well as any carnivals that you may participate in.

NEW WEBSITE <http://www.kwa.org.au>

- Firstly we are excited to announce that we have a new Website, which is now up and running. This website is still in its early stages and we will add more useful club information in the coming weeks. Please make sure you add this link to your favourites as it will be your first point of reference for all news and coming events relating to the Club.
- Also for the first time this year you can log in to the website to review your results, which can be printed and pasted into your achievement book.

To log in for results → Select the Login for Results Tab on the Left Side Toolbar.



Kooringal-Wagga Athletics Club
Jubilee Park Athletics Centre, Wagga Wagga, NSW
Welcome to the Kooringal -Wagga Athletics Club 2013

Home
Results at 18 Oct:
Login for Results
Newsletters
Calendar
Centre Contacts
Parent Help Schedule
Centre Info:
Registration
Carnivals

Welcome to Kooringal-Wagga Athletics Club

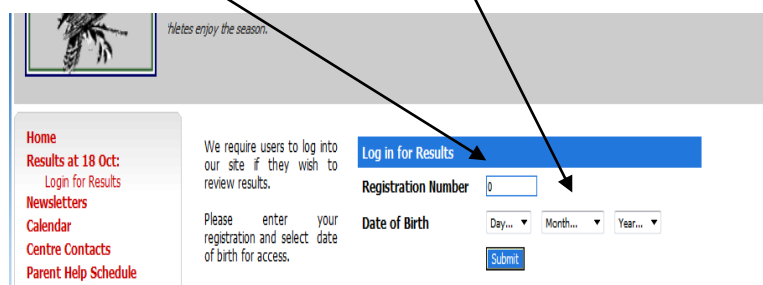
Little Athletics is an Australia-wide sport for children aged 5 to 17. Kooringal-Wagga Athletics Club promotes athletics as a participation sport for children with the help of their parents. Children are encouraged to compete against one another in a friendly and relaxed atmosphere regardless of ability. The idea is for children to improve individual performance throughout the season as well as the physical fitness and technique.

CANCELLATIONS
None

KOORINGAL-WAGGA ATHLETICS CLUB NEWS
No news at this time. Check back soon

Newsletter
Are you receiving our newsletter?
Subscribe to the newsletter now

Enter your Registration Number and Date of Birth → Then hit Submit.



Log in for Results

We require users to log into our site if they wish to review results.

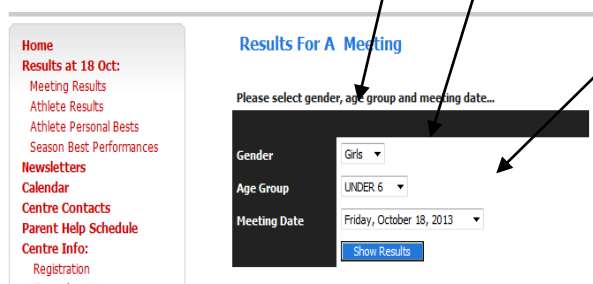
Please enter your registration and select date of birth for access.

Registration Number

Date of Birth Day... Month... Year...

Submit

The following page will appear. You can then enter the Gender, Age Group and Meeting Date to view our results.



Results For A Meeting

Please select gender, age group and meeting date...

Gender

Age Group

Meeting Date

Show Results

Once you are in you can view all results for every age group of the club.

To print off your child's result tickets for that week:-

On the Left Tool Bar: Athletes Results → Registration Number → Show Results → Print

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Athlete Results For A Meeting

Registration number: Date: Friday, October 11, 2013

Event	Result	PB	Level	Place
GIRLS U11 HIGH JUMP	1.15m	PB	Blue	1
GIRLS U11 SHOT PUT	5.24m	PB	Yellow	3
GIRLS U11 800 METRES	4m 1.17s	PB	Green	5
GIRLS U11 100 METRES	16.57s	PB	Red	3

NB: As these results are added by volunteers, in their own time, we ask that you are patient over the weekend. We hope the results are published on the website by the end of the weekend.

Should you have any issues working out the website or require someone to show you, please see Tracey Jones (usually assisting Under 7 Girls) or ask for someone at the announcing desk to point Tracey out to you.

In order to assist us with accurate record keeping it is important to fill in the weekly event sheets neatly and correctly. Over the past two weeks we have noticed some event results are not being recorded accurately. If this occurs then the athletes will be given a performance score of '0', this means they receive a point for participation, but there won't be a time or distance recorded. If you think your age group is struggling with how to measure field events or read the track results from the print out PLEASE do not hesitate to ask for assistance. Please be particularly careful about including the minutes and seconds when recording times for ALL track events.

Point score

Points are awarded as follows: 1 point for participation and an additional 1 point if you achieve a Personal Best (PB) within the 2013-14 season.

Remember to let your child know that Little Athletics is all about participation and improving their individual performances regardless of their ability. It is exciting this season with our new Club Manager Athletics Program, as each week your Child's PB will be shown on the Events Sheet and also on their result tickets – so it is great to encourage them to do their best and find out on Club Night if they have done a PB. If you are taking results please let these kids know if they have achieved a PB.

Volunteers/Parent helpers

Little Athletics is a totally voluntary organisation, Centres cannot operate without the assistance of parents each week in fulfilling the many and varied duties required. These include officiating at an event; managing an age group; recording results; working in the canteen; to name just a few. Additional assistance is always required on the Centre committees and all parents are encouraged to become involved.

At Koorungal-Wagga Athletics Club we understand that just like our athletes, our parents come from a diverse range of backgrounds and as such have different talents and experience. There is a place for everyone and there are a number of ways that you can become involved.

Whatever your experience, don't feel scared about putting your hand up and 'giving it a go'. After all, isn't that what we ask our kids to do?

We will develop a Parent Helper roster in the next few weeks, so if you have a particular role you would like to fill please let a committee member know ASAP, otherwise you will be added to the roster on a rotational basis. You can view your responsibilities on the Website on the Left Hand Toolbar under **Parent Help Schedule**.

Supervision

Children are not to be left at Jubilee Park without parent/carer supervision

You need to supervise your child at all times, unless you are helping with an event, finishing line, recording table or catering. Kids love their parent's encouragement during Club Nights and it is fantastic to see them trying their hardest and having a great time.

Health and Safety

Please assist us to make Athletics a fun and safe sport by adhering to the following:

- Children are to remain off the track at all times, unless instructed to move on to the track for an event. Best rule is to stay on the grass inside the cement circle which surrounds the inside of the track. If you see kids on the track please ask them to move off. Please also keep them from climbing on the steeple chase and pit and fence.
- Children are not allowed to be on the timing stands at the finish line at any time. It is OK to sit on the bottom step. Please feel free to ask children to move away from the stand for their own safety.
- If someone is injured please inform the announcer who will call our safety officer. You may also be required to complete an incident report.
- During discus events, competitors must remain completely behind the safety nets except when competing. Please also ensure your child does not walk in front of the shot put areas and discus cages. Parents needing to supervise young children should volunteer on other events.
- Spiked shoes must be carried to the marshalling area and put on when at the event, then removed immediately after the event to reduce the risk of injury to themselves or others.

Registrations

If you haven't finalised your Child's Registration yet, please do this as soon as possible. This may mean bringing in Birth Certificates for proof of age or even just seeing Angela (our Registrar) for your Child's Age Patch. If your child is not appearing on the Events Sheets and their name needs to be added, there is an issue with their Registration.

LITTLE ATHLETICS MISSION STATEMENT

"Little Athletics NSW aspires to provide the community with recreational athletics activities that contribute to the healthy development of our children.

Such activities will promote:

- Fun
- Fitness
- The development of skills
- The building of character and self esteem
- The fostering of good sportsmanship

in a safe, positive, family-friendly and inclusive environment."

REMINDER - OUR KOORINGAL-WAGGA ATHLETICS CARNIVAL

IS ON 3 NOVEMBER

Entry forms are available at the registration desk – ENTRIES DUE TODAY

- Entry fees - FREE for all Kooringal-Wagga Athletes.
- Medals will be awarded to the first three place getters in each age group.
- All enquiries to enquiry@kwa.org.au or call Craig Lucas on 0429 665 065.
- If your child is competing, we would appreciate your assistance on the day.

It takes a lot of time and effort to run a successful carnival so please see a committee member to see how you can help. A parent roster will be distributed with a list of duties required and we encourage you to be involved. The duties are not hard and you might even have fun!

